



LBA Pickleball Clinics for Beginners:

Coached by Eric Twombly & Friends

PICKLEBALL 101 Monday, September 1st 10:30am – 12:00pm

Reprise of the pickleball starter course - from “Never Picked up a Racquet” to “Still Not Sure What the Strategy is” and in between. Content will be determined by the level of those who show up.

PICKLEBALL 201 Sunday, August 17th 10:30am – 12:00pm

Focusing on **basic** skills and strategy – drills and fun games to develop each part of the game: Serves, returns, dinks, drives, drops and much more! Assumes you’ve played before and generally know the rules.

Where: LBA pickleball courts

Raindate: No rain date for either session (maybe sessions in the fall)

Sign up: email twomblye@gmail.com up until event time.

Guests may attend with a member depending on the response from members – must pre-register!

Please bring (1) a pickleball racquet and (2) goggles, glasses or sunglasses (safety first!) if you have them, and (3) non-glass bottle of water or other liquid. Wear some sort of court shoe (preferably) or cross-trainer (running shoes don’t have adequate lateral support). I will have a few extra paddles if you don’t have one, please let me know when you sign up.

If you have any questions, including whether we’re rained out, email me @ twomblye@gmail.com or text me @ 203-915-5941.

Come on down, have some fun and learn a thing or two!